

## **(93-MED-05-01) Multipurpose Health Assistant**

### **1. Significance of Program**

A Multi-Purpose Health Worker, or MPH, is a healthcare professional who provides basic medical and health services to communities in need. They are often the first point of contact for people seeking medical care and play a vital role in delivering essential health services to underserved populations.

### **2. Career Options**

MPWs are group of health service providers who have direct link and interaction with the community at large and beneficiaries in particular. The important community members to assist in malaria control activities are persons manning AWW and ASHA, Private Practitioners and Non- Governmental Organizations (NGOs).

### **3. Program Objectives**

To impart basic knowledge of environmental sanitation, safe-drinking water and other public health measures. b. To develop competency in early identification and treatment of diseases under national health programs in the community and extend referral services. c. To enable MPH to take public health action in the event of an outbreak (fever, diarrhea, acute respiratory infections, jaundice etc.) d. To provide first aid emergencies, accidents and injuries and treatment for minor ailments. e. To impart health education and health promotion practices in respect of life style diseases. f. Identify cases of malnutrition in school children and refer cases to PHC Medical officer. Guide teachers and parents on nutrition and anemia. Educate the community about nutritious diet for mothers and children from locally available foods.

### **4. Outcomes of the Program**

In many developing countries, the majority of the population lives in rural areas and has little or no access to health services. The Multi-Purpose Health Worker (M.P.H.W.) is a community-based health worker who provides primary health care services to these underserved populations.

The M.P.H.W.'s role is multi-faceted and includes disease prevention, health promotion, and basic curative care.

Often work closely with community leaders to ensure that health services are accessible to everyone.

## 5. Major Course Outline

- A. Health Problems, Problems of Old Age, Disabilities, Basic Medical Care Treatment of Minor Ailments, and Animal Bite.
- B. First Aid and Emergency Care, Drugs used in Preventive Medicine
- C. Mental Diseases, Occupation Diseases, Communicable Diseases, Non-Communicable Diseases, Diseases due to Natural Disasters.
- D. Nutrition, Nutrition Education, Sterilization, Disinfection, Disinfections, Antiseptics.
- E. Health Education, Introduction to Public Health, PH Administration, Charter of Citizen's Health Rights
- F. Public Health Programmes in India. Maternal and Child Health and Immunization,

CORE	ELECTIVES	SKILLS
Health Education  Communicable Diseases	Nutrition, Nutrition Education,  Sterilization, Disinfection	Team work  Basic Computer Skills